

Themes

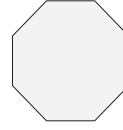
Rocking Rhymes

Nursery rhymes and classic folktales bridge generations and support a love of language. This theme highlights traditional literary favorites such as "Hey Diddle, Diddle," "The Little Red Hen," and "Humpty Dumpty," among others. Children will engage in creative activities related to each tale that support growth in all early learning domains.

Kitchen Helpers

Preschoolers love to help, and working in the kitchen is no exception. In this theme, the children will prepare their own snacks and learn about nutrition and cooking through a variety of food-related games and activities.

Color/ Shape



Letters

Mm,
Nn, Oo

Numbers

11-12

Alphabet Words

magnet, motorcycle, mouse, mushroom, napkin, narwhal, needle, nest, oatmeal, octagon, octopus, otter

Sign Language



Learn with Me!

Story Time Snuggles

Cuddle up with your child and share some of your favorite classic tales with them. Define any new words for your child as you read together. By reading to your child every day, you help them gain experience as a listener and also boost their vocabulary. These skills support their journey toward becoming readers.

Cooking Together

Invite your child to help in the kitchen! Young children can assist by washing fruits and vegetables or mixing ingredients. They can use a butter knife to slice or chop soft foods such as boiled eggs, cooked potatoes, or bananas. Review numbers and practice counting as your child helps in the kitchen. While you're cooking together, have them help count scoops of ingredients added to a dish, or count plates and utensils as they help set the table.

My Project: Little Red Hen

When I bring this project home, we can:

- Talk about the materials used to make the hen's feathers.
- Read the story *The Little Red Hen* together.



My Project: Wax Paper Printmaking

When I bring this project home, we can:

- Name the paint colors I chose.
- Notice the lines and talk about how they were made.
- Talk about my favorite part of making the print.



FAMILY CONNECTION

Book List

The Hugely-Wugely Spider
by Ethan T. Berlin

Hurry Up!: A Book About Slowing Down
by Kate Dopirak

The Three Bears ABC
by Grace MacCarone

Mother Goose's Pajama Party
by Danna Smith

Super Simple Cooking for Kids
by Jodi Danen

Goodnight Veggies/Buenas noches, vegetales
by Diana Murray

Eat Together
by Miguel Ordenez

Fresh-Picked Poetry: A Day at the Farmers' Market
by Michelle Schaub

Songs & Rhymes

Pat-a-Cake

Pat-a-cake, pat-a-cake, baker's man,
Bake me a cake, as fast as you can;
Pat it and roll it and mark it with a B,
Put it in the oven for baby and me.

Ten Little Cookies

Ten little cookies
(Hold up 10 fingers.)
Sitting in a pan.
(Hold hands out, palms up.)
Put them in the oven
(Slide hands forward quickly.)
As fast as you can!
Can you smell them baking?
(Touch nose; sniff.)
Are they almost done?
Take them out and eat them,
(Pretend to pull pan from oven.)
Now they're all gone!
(Rub tummy.)

Recipe

Coconut Fruit Salad

- 2 bananas
- 1 mango
- 2 oranges
- 2 T. unsweetened, shredded coconut (optional)
- 2 T. fresh lime juice

Invite your child to help peel and cut the fruit into bite-sized chunks with a child-safe knife. Place the cut fruit into a large bowl, toss with the fresh lime juice, and sprinkle with the optional coconut flakes. Gently stir all of the ingredients, and enjoy the snack together.



Reminders
