

For Children Ages 0 – 36 Months

Listed with each activity in the database to help you select and plan for each child's needs.
Some goals and objectives may be observed in daily routines.

LANGUAGE DEVELOPMENT

LISTENING

- L1** Listens and responds with interest to verbal and nonverbal communication of others
- L2** Begins to understand gestures, words, questions, or routines

COMMUNICATING

- L3** Uses sounds, gestures, or actions to express needs and wants
- L4** Imitates sounds, gestures, or words
- L5** Uses consistent sounds, gestures, or words for a variety of purposes
- L6** Participates in simple two-way conversations

EMERGENT LITERACY

- L7** Shows interest in songs, rhymes, and stories
- L8** Shows interest in photos, pictures, and drawings
- L9** Demonstrates interest and involvement with books and other print materials
- L10** Begins to recognize and understand that pictures or symbols can be "read" by others and have meaning
- L11** Understands that people use writing to communicate
- L12** Makes marks with writing tools

PHYSICAL DEVELOPMENT

GROSS MOTOR

- PH1** Moves body, arms, and legs with coordination
- PH2** Demonstrates large muscle balance, stability, control, and coordination
- PH3** Develops increasing ability to change positions and move body from place to place
- PH4** Moves body with purpose to achieve a goal; participates in active games, outdoor play and other forms of physical movement

FINE MOTOR

- PH5** Uses hands or feet to make contact with objects or people
- PH6** Develops small muscle control and coordination
- PH7** Coordinates eye and hand movements
- PH8** Controls small muscles in hands when doing simple tasks
- PH9** Uses different actions on objects (kicks, shakes, pats, swipes)

WELLNESS

- PH10** Shows characteristics of healthy development
- PH11** Becomes more aware of own body
- PH12** Responds well when physical needs are met; tries/consumes a variety of nutritious foods
- PH13** Participates in physical care routines
- PH14** Begins to develop self-help skills
- PH15** Begins to understand safe and unsafe behaviors

APPROACH TO LEARNING

CURIOSITY

- AL1** Exhibits interest, curiosity, and eagerness in exploring the world

PERSISTENCE

- AL2** Stays attentive and engaged for increasing periods of time
- AL3** Finishes self-selected tasks, such as completing a puzzle or listening to a storybook

PROBLEM SOLVING

- AL4** Experiments with different uses for objects
- AL5** Uses a variety of strategies to solve problems

SOCIAL/EMOTIONAL DEVELOPMENT

TRUST

- SE1** Engages in behaviors that build relationships with familiar adults
- SE2** Responds differently to familiar and unfamiliar adults
- SE3** Seeks ways to find comfort in new situations
- SE4** Shows emotional connection and attachment to others

RELATIONSHIPS

- SE5** Shows interest in and awareness of other children
- SE6** Responds to and interacts with other children
- SE7** Begins to recognize and respond to other children's feelings and emotions
- SE8** Begins to show concern for others
- SE9** Learns social skills, and eventually words, for expressing feelings, needs and wants
- SE10** Uses imitation or pretend play to learn new roles and relationships

SELF-AWARENESS

- SE11** Expresses feelings and emotions through facial expressions, sounds or gestures
- SE12** Develops awareness of self as separate from others
- SE13** Shows confidence in increasing abilities

SELF-REGULATION

- SE14** Begins to manage own behavior and show self-regulation
- SE15** Shows ability to cope with stress
- SE16** Shows increasing independence
- SE17** Understands simple routines, rules, or limitations

COGNITIVE DEVELOPMENT

EXPLORATION

- C1** Pays attention to people, objects, and sounds
- C2** Uses senses to explore people, objects, and the environment
- C3** Becomes increasingly aware of colors, shapes, patterns, or pictures
- C4** Makes things happen and watches for results or repeats actions

MEMORY

- C5** Shows ability to acquire and process new information
- C6** Recognizes familiar people, places, and things
- C7** Recalls and uses information in new situations
- C8** Searches for missing or hidden objects

EMERGENT MATH

- C9** Shows interest in and awareness of numbers and counting during daily routines and activities.
- C10** Begins to notice differences in size, quantity, and distance (more, all gone, big, little, near, far, long, short, etc.)
- C11** Explores ways objects and people move and fit in space

DRAMATIC PLAY

- C12** Observes and imitates sounds, gestures, or behavior
- C13** Uses objects in new ways or in pretend play
- C14** Uses imitation or pretend play to express creativity and imagination

ART

- C15** Explores and uses a variety of art media

MUSIC AND MOVEMENT

- C16** Shows interest and participates in a wide variety of music and songs
- C17** Explores musical rhythms through movement, with and without instruments and props